

Birmingham Carers Hub

If you are a carer of a person living in Birmingham the Hub can help you find information, advice, training, short breaks & support

We are here to help you with

- **Information & advice services**
- **Signposting or referral to support services**
 - **Access to training support**
- **Access to Emergency Respite Support**
 - **Day opportunities**
- **Access to short breaks for disabled children**
- **Referral & access to support for young carers**
 - **Carer Support groups**
 - **E-news services**



0333 006 9711



info@BirminghamCarersHub.org.uk

Birmingham Carers Hub is operated by Forward Carers Consortium committed to supporting carers in the city

For many carers, your first contact with Birmingham Carers Hub will be through our dedicated phone line number 0333 006 9711

The service is staffed by trained professionals who understand the pressures of caring and can help you with any aspect of your caring role. They can give you lots of the information you need as a carer

You can also contact the service to talk about your caring role – the person listening will understand how you are feeling.

**To contact the service, please call
0333 006 9711**

9am – 6pm any weekday (answerphone service outside these hours)

Or you can send an email to info@BirminghamCarersHub.org.uk

Our staff will need to ask you for some details of your caring situation, but you can be assured that the service & any information you provide is completely confidential.

The person you speak to will also ask if you wish to register to the Emergency Respite Service (if you are not already on it)